

	<p><b>JOY</b></p> <p>JOYFUL INTERESTED PLAYFUL CONFIDENT LOVING SENSITIVE COURAGEOUS HOPEFUL</p>	<p><b>SADNESS</b></p> <p>SAD BORED SLEEPY UNHAPPY IGNORED GUILTY LONELY ALONE</p> 
<p><b>SURPRISED</b></p> 	<p>STARTLED CONFUSED AMAZED EXCITED SHOCKED ASTONISHED EAGER DISMAYED</p>	<p>MAD JEALOUS EMBARRASSED FURIOUS IRRITATED WITHDRAWN FRUSTRATED SKEPTICAL</p>  <p><b>ANGER</b></p>
	<p><b>DISGUST</b></p> <p>AWFUL DISAPPOINTED HESITANT REVOLTED LOATHING JUDGEMENTAL</p>	<p><b>FEAR</b></p> <p>HUMILIATED REJECTED WORTHLESS INSECURE ANXIOUS SCARED</p> 

HOW ARE YOU FEELING TODAY?

joyful	joy
interested	interest
playful	playfulness
confident	confidence
loving	love
sensitive	sensitivity
courageous	courage
brave	bravery
hopeful	hope
sad	sadness
bored	bore
sleepy	sleepiness
unhappy	unhappiness
ignored	ignorance
guilty	guilt
lonely	loneliness
alone	//
mad	madness
jealous	jealousy
embarrassed	embarrassment
furious	fury
irritated	irritation
withdrawn	withdrawal
frustrated	frustration
skeptical	skepticism
startled	surprise
confused	confusion
amazed	amazement
excited	excitement
shocked	shock
astonished	astonishment
eager	eagerness
dismayed	dismay
awful	awfulness
disappointed	disappointment
hesitant	hesitation
revolted	revulsion (AT)
loathing	loathing
judgemental	judgement
humiliated	humiliation
rejected	rejection
worthless	worthiness
insecure	insecurity
anxious	anxiety
scared	scare
fearful	fear